

Faculty Curriculum Vitae

Please fill out the details as indicated below. Where not applicable, mark 'N/A'

Full Name:	Konstantinou Nikolas
Rank:	Unranked
Status:	Part-time
Program:	Culinary Arts
Email:	konstantinou.ni@intercollege.ac.cy

Educational qualifications			
Degree	Year	Awarding Institution	Thesis title (if applicable)
Culinary Arts Management (BA Degree) With distinction	2016	Intercollege	How to ensure the quality of service will increase sales of restaurants in Cyprus, inexpensive response to the economic crisis
Diploma culinary Arts With distinction	2008	Intercollege	
Diploma - School of Foreign Language (Russian)	2004	Higher Polytechnic Institute, St. Petersburg (Russia)	
Diploma School of Hospitality (Chef)	2001	1st Technical School, Nicosia (Cyprus)	

Employment history				
Period of employment		Employer	Location	Position
From	To			
2016	Until now	Intercollege	Nicosia	Lecturer
2004	2016	Zygos Restaurant	Nicosia	Chef
2008	2014	Le Meridien Hotel 5*	Limassol	Sous Chef
2010	2010	Novotel Toulouse 4*	France	Assistant Chef
2006	2008	Mug Catering services	Nicosia	Chef
2005	2006	Louis Althea Hotel	Protaras	Cook A
2004	2005	Le Cafe Restaurant	Nicosia	Cook A
1999	2000	Vrissiana Hotel 4*	Protaras	Cook B

Intercollege (Nicosia) – Faculty CV

Memberships and Professional Affiliations			
From	To	Institution/Professional Organisation	Status
2017	Until now	Executive Culinary Teams Director Of Cyprus	Executive Director
1999	Until Now	Member of Word Chefs	Member
1999	Until Now	Cyprus Chefs Association	Member

Conferences and Seminars			
From	To	Title	Role
2017		Innovative Butchery Techniques for Beef & Lamb seminar	Participant
2016		Wine Champion seminar	Participant
2016		Gelatine seminar	Participant
2016		Terrines and Chaud Froid seminar	Presenter
2016		Gelatine Techniques seminar	Presenter
2015		Gastronomic Forum Gerona 2015	Participant
2015		Innovative Butchery Techniques for Beef & Lamb seminar	Participant
2014		A – Z preparation for Culinary Competitions and How Dishes are Judged" seminar	Participant
2014		Food Styling And Presenting Secrets seminar	Presenter
2012		HAACP and ISO seminar	Participant
2011		EI Bulli world tour molecular gastronomy and mixology seminar	Participant
2011		Handling Complaints seminar	Participant
2011		Communication Is The Key To Success seminar	Participant
2010		Understanding Successes and Failures seminar	Participant
2010		Starwood orientation program seminar	Participant
2009		Medic First AID and AED (Automated External Defibrillation) Seminar	Participant
2009		Job Opportunities After Graduation conference	Participant
2008		The Cook Beyond Cooking Seminar	Participant
2008		Outside Catering, Preparation & Service seminar	Participant
2007		Organic Food Through Menus seminar	Participant
2007		Costing seminar	Participant
2006		Fish and Meat Processing seminar	Participant
2006		Allergy Free Cooking seminar	Participant
2005		Hygiene Practicum seminar	Participant
2005		Introduction to HACCP system seminar	Participant
2005		HACCP system seminar	Participant
2005		HACCP inspection system seminar	Participant

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Research/Projects			
From	To	Title and Reference	Funded by
N/A			

Publications/Journal/Articles						
	Year	Title	Other authors	Journal/ Conference/Publisher	Vol.	Pages
1	2016	"Alpha Gastronomía", create from tradition	Stelios Loizou, Aris Stylianou, Paschalis Paschal, Paulos Kolotas	Actions publications		

Awards/Distinctions			
2016		Gastronomic Culinary Competition	Awarded 2 gold medals
2013		8th International Culinary Competition of Southern Europe	Awarded 1 Gold and 2 Silver medal
2012		Gastronomic Culinary Competition	Awarded a Gold medal
2011		Employee of the Month August	Awarded from Le Meridien Limassol Spa and Resorts
2010		Employee of the Month August	Awarded from Le Meridien Limassol Spa and Resorts
2010		Mediterranean Culinary Challenge Gastronomía	Awarded a Gold and silver medal
2008		4th Intercollege Annual Student Recognition Award Ceremony	Awarded from the Cyprus Chef's Association "Highest CPA 1st year student'
2008		Gastronomia-Gastrognosia Mediterranean Culinary Challenge 2008	Awarded from the school of Business (Intercollege) in recognition of my outstanding achievement as a price winner
2008		Gastronomic Culinary Competition	Awarded a Gold medal
2008		The Montekristo Mediterranean Food & Drink Festival	Awarded a Bronze and silver medal
2007		Dean's Honour List (spring semester)	Certificate for superior academic achievement
2007		Dean's Honour List (fall semester)	Certificate for superior academic achievement
2006		Dean's Honour List (spring semester)	Certificate for superior academic achievement

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2001		3rd Mediterranean Contest of Gastronomic Art, Cooking, Pastry and Artistic Creations	Participant
2001		6th Cypriot Professional Gastronomic Competition	Awarded a merit
2000		5th Cypriot Competition of Young Chefs	Awarded a silver medal