

Faculty Curriculum Vitae

Please fill out the details as indicated below. Where not applicable, mark 'N/A'

Full Name:	Fotini Lappa
Rank:	Unranked
Status:	Part-time
Program:	Culinary Arts
Email:	lappa.f@intercollege.ac.cy

Educational qualifications

Degree	Year	Awarding Institution	Thesis title (if applicable)
MSc in Human Nutrition with specialisation in Sports Nutrition	2001-2002	University of Glasgow	Dietary profiles and some performance characteristics of volleyball players from the Scottish National Team
BSc (Honours) in Nutrition	1997-2001	University of Surrey	“Discuss PPAR α , a nuclear transcription factor implicated in the lipid-lowering effects of PUFA (polyunsaturated fatty acids) and fibrates”
BSc (Honours) in Nutrition Professional Training Year	08/1999-08/2000	University of Surrey in corporation with “Korgialeneio - Benakeio” Hospital, Athens	<i>PROJECTS</i> 1. Care of the elderly 2. Anorexia Nervosa (write up) 3. Obesity 4. Fishes rich in omega 3(ω -3) polyunsaturated oils 5. COAD (case study) 6. Catering project

Employment history

Period of employment		Employer	Location	Position
From	To			
January 2012	present	University of Nicosia	Nicosia, Cyprus	Lecturer in Nutrition/Food Science
January 2010	present	Intercollege	Nicosia, Cyprus	Lecturer in Nutrition/Food Science
January 2007	present		Nicosia, Cyprus	Clinical Dietician – Sports Nutritionist in private dietetic office
March 2008	May 2009	Mrs. Igiso Charalambidou	Nicosia, Cyprus	External Associate for the Nutrition Column of Purple’s magazine
March 2005	November 2006	Dr. Dimitrios Moutzouris’ (general practitioner)	Athens, Greece	Clinical Dietician – Sports Nutritionist
January 2005	December 2006		Athens, Greece	Clinical Dietician – Sports Nutritionist in private dietetic office
January 2003	December 2004	‘YGEIA’ hospital	Athens, Greece	Clinical Dietician in ‘YGEIA’ hospital, in association with Harvard University

Memberships and Professional Affiliations			
From	To	Institution/Professional Organisation	Status
2006	present	Cyprus Dietetic and Nutrition Association	Active
2001	2008	Hellenic Dietetic Association	

Conferences and Seminars			
From	To	Title	Role
29/11/2012	02/12/2012	'Diet Therapy: Nutrition Throughout the field of healthcare'	Speaker
18/03/2014	19/03/2014	'Ειδική διατροφή / διαιτολογία για τους πελάτες του ξενοδοχείου Coral Beach'	Speaker/trainer
27/11/2014	30/11/2014	'Nutrition Findings from around the globe'	Participant
15/04/2015	16/04/2015	«Υπερτροφές: η αξία τους και η χρήση τους στη διατροφή των πελατών ενός ξενοδοχείου»	Speaker/trainer
08/03/2016	09/03/2016	'Σήμανση τροφίμων – Κανονισμός (ΕΕ) αριθμ. 1169/2011'	Speaker/trainer
01/12/2016	04/12/2016	'Novelties in Nutrition and Dietetics'	Participant
12/07/2017	13/07/2017	'Ειδική διατροφή / διαιτολογία για διάφορες ασθένειες πελατών του ξενοδοχείου Casale Panayiotis'	Speaker/trainer

Research/Projects			
From	To	Title and Reference	Funded by
N/A			

Publications/Journal/Articles						
	Year	Title	Other authors	Journal/Conference/Publisher	Vol.	Pages
1	N/A					

Awards/Distinctions
Certificate of Associateship (with distinction), 2000 (Professional Training Year in hospital, in order to become a clinical dietitian)